

Following the Paper Trail presents:

Mystic Memories Album

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Laura Denison Designs

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Mystic Memories Album

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This album features window pages combined with smaller cardstock pages to form a unique album with a gothic Wiccan theme. The theme details can be modified to suit any theme you chose.

The supplies listed mixed media below are to make the Album. Additional papers and embellishments can be added to make your project uniquely your own.

Materials list

- Laura Denison Designs Digital Mystic Memories Album Paper Pack or patterned paper of your choice. Print digital paper on 110 lb or 67 lb white 8 1/2" x 11" card stock.
- (10 - 12 ea of two colors) 8 1/2" x 11" cardstock for page bases and tags/mattes
- (3) 8 1/2" x 11" lightweight (20 to 22 pt) chip board for page bases and accessory elements
- (2) 8 1/2" x 11", (1) 5 1/2" x 8 1/2" (1) 3 1/8" x 8 1/2", and (1) 3 1/4" x 8 1/2" medium (50 pt) chip board fo album cover
- (1) 12" x 12" acetate or acrylic sheet
- 4" x 6" metal mesh or simular for cover
- 1 yd Tim Holtz film strip ribbon or simular
- Optional brads and #6 washers and lock washers
- 1-2 yds each cords or fibers
- Die cuts and embellishments as desired for theme: fabrics and netting, charms, rub-ons, bottles, sticks, flowers, thematic elements, lace, metal lace, hinges, stamps, etc.
- Optional: Mod Podge or Matte Gel Medium

Chipboard Cutting Guide

- (2) 8 1/2" x 11" medium chip board
- (1) 5 1/2" x 8 1/2" medium chip board
- (1) 3 1/8" x 8 1/2" and (1) 3 1/4" x 8 1/2" medium chip board
- (2) 8" x 10 3/4" lightweight chip board

Cardstock Cutting Guide

- (8) 5 1/2" x 8 1/2" primary cardstock for pocket page bases
- Pocket Page 1: 6 1/2" x 11" accent cardstock, 4 1/2" x 6 1/2" primary cardstock
- Pocket Page 2: 5" x 6 1/2" primary cardstock, 4 1/4" x 11" accent cardstock
- Pocket Page 3: 6 1/2" x 11" primary cardstock, 4 1/4" x 6 1/2" accent cardstock
- Pocket Page 4: 4 3/4" x 7 1/2" primary cardstock, (2) 5" x 6 1/2" accent cardstock

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Cut a 3 1/2" x 5" opening centered in the 5 1/2" x 8 1/2" medium weight chipboard cover panel. This allows approximately 1" on the sides and 1 1/2" on top and bottom.



Select and oval frame from the digital paper collection, cut out center and use as a template to cut an oval opening in album cover, allowing approximately 1" from edge of cover and centered vertically. If using commercial paper, cut a 3 1/2" x 5" oval opening.



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Cover half of cover front with patterned paper as shown.

Alternate option: Paint front cover chipboard.



Apply optional fabric over paper with Mod Podge, gel medium, or similar. Fabric should allow 1/2" at top/bottom and right side. No overage needed on left, or binding, edge.

If using solid fabric for cover, skip the patterned paper or paint on cover.

Alternately, use patterned paper for entire cover.



Cut out at opening and snip fabric (or paper) to edge of chipboard. Apply adhesive or glue around edge of opening.

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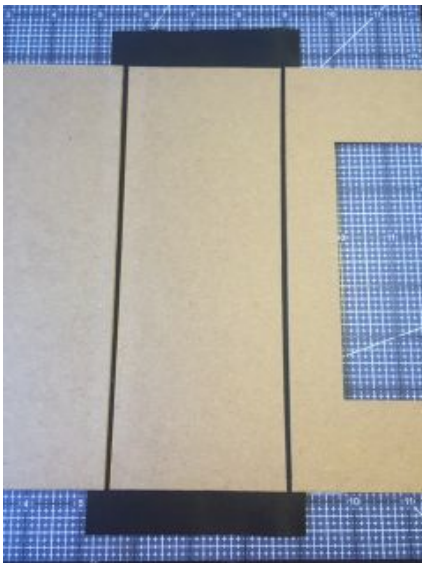
Wrap fabric or paper to back side of front cover. Wrap sides to inside of cover. no wrap needed at binding edge.



Cut (2) 4 1/2" 9 1/2" rectangles of fabric or patterned paper for outside of spines.

Attach 3 1/8" x 8 1/2" spine to fabric/paper, centered.

Attach front album cover to one side of spine and back cover to other side of spine.



Attach other edge of back cover, the 3 1/2" x 8 1/2" spine, and the 5 1/2" x 8 1/2" cover flap to remaining spine fabric/paper.

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Wrap spine fabric/paper to inside and cover the inside of the spine with 4 1/2" wide cardstock. Repeat with remaining spine.



Cover top and bottom edges of back cover with 3/4" strips of accent paper as shown.



Trim (2) 8 1/2" x 11" ltwt chipboard pages to 8" x 10 3/4". paint along edges of both front and back with acrylic paint or gesso.

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For pocket pages, cut (2) 5 1/2" x 8 1/2" rectangles for each page. Score a 1/2" tab along one short edge of each sheet.

Fold under 1/2" tab and apply glue or adhesive to tabs.



attach tab at top and bottom edges to create a tube-like page base.

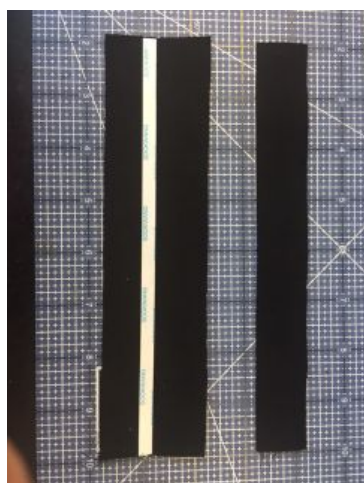
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This project uses the Fabric T-Square binding.)
See <http://www.lauradenisondesigns.com/t-square-and-fabric-binding/> for video instruction)

Cut (6) 1 1/2" x 8" strips of cardstock. Score at 1/4" and 1/2" from each long edge. Fold in side section to center channel to form a "T". Attach along center channel, leaving standing tabs free.



Cut (4) 1 1/2" x 8" strips of tight weave woven fabric.

Fold strips in half and apply score tape or fabric glue along edges.

Sandwich cut edge of folded fabric strip inside standing tabs of binding strips and attach with adhesive or glue.



Cut (2) 2" x 8" strips of tight weave woven fabric.

Fold strips in half and apply 1/4" adhesive tape or fabric glue along fold, leaving cut edges open.

Sandwich the fold edge of folded fabric strip inside standing tabs of binding strips and attach with adhesive or glue

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Sandwich it weight chipboard pages between strips of fabric, allowing a 1/16" gap from edge of binding to edge of page. This allows the page to hinge freely.



for the four pocket pages, sandwich fabric binding strip inside tube of page bases , allowing a 1/16" gap from edge of binding to edge of page.



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The gap allows the page to hinge freely.

NOTE: For ease in construction, go to page X and Page X to cut openings in cardstock pages prior to attaching pages to spine.



Attach the T-square binding strips to album spine. The page order from FRONT to BACK is:

Pocket page

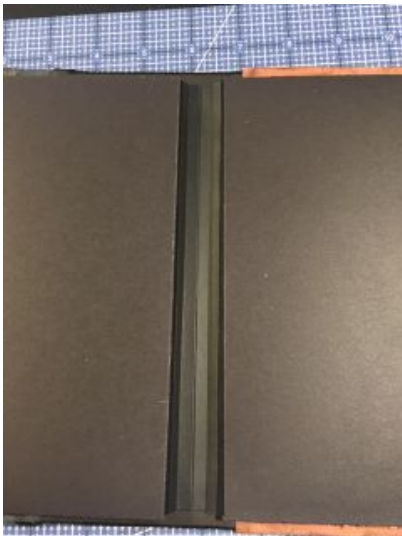
Chipboard page

Pocket Page

Chipboard Page

Pocket Page

Pocket Page



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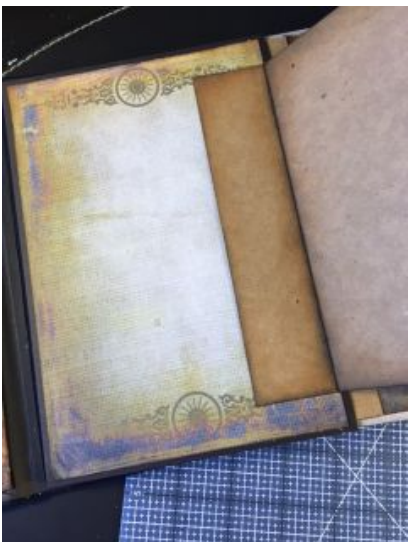


Pocket Page 1

Score accent cardstock at 1 1/2" and 6 1/2"



Apply glue in a "u" shape to narrow section



Apply patterned paper to page base.

Attach pocket to page base.

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Apply glue back of flap pocket



Attach flap pocket, allowing 1/8" at right side and bottom.

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Cut (2) 3/4" x 2" rectangles for closure tabs.
Score a 1/2" tab on one end of each tab.

Round corners and punch hole for cord. Matte with
patterned paper if desired.



Attach to back side of pocket page base.

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Pocket Page 2

Cut a 1" x 4" Accent Cardstock strip. Score in half down length. Round corners as desired. Attach to primary cardstock flap

Score primary pocket flap at 1/2" from one end and 3" from opposite end.



Cut (2) 1" x 2 1/2" strips of primary cardstock. Score in half down length. Round corners if desired.

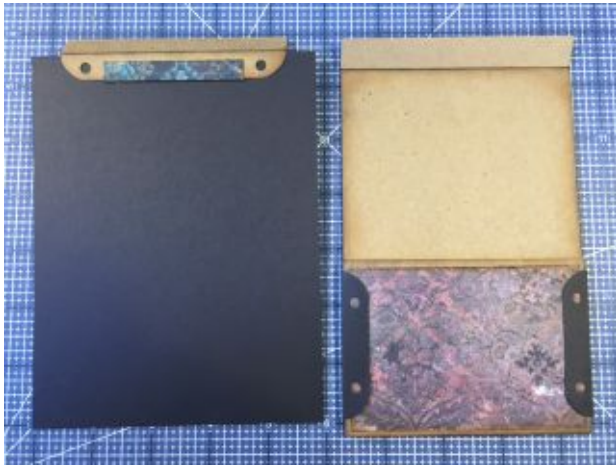


Matt pocket with patterned paper.

Attach pocket sides with tabs as shown.

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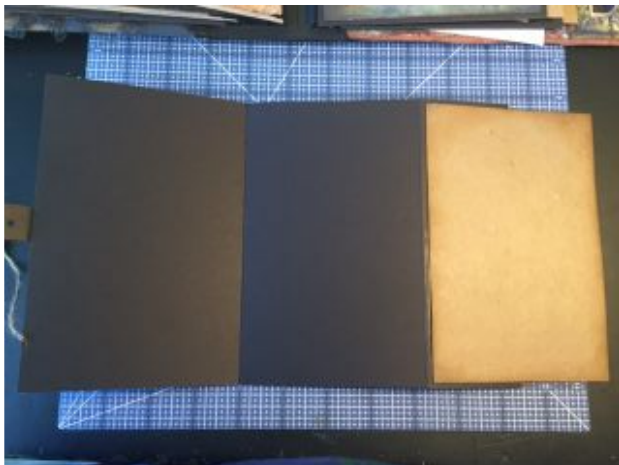
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Attach upper and lower flaps to page base with tabs. Tabs will be covered when matted.



Pocket Page 3

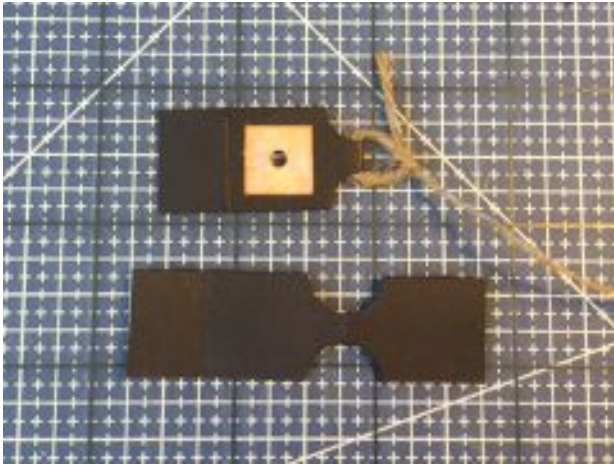


Score primary cardstock section at 2 1/4" and 6 1/2" from one end.

Glue narrow flap to Accent flap in a "u" shape to form a pocket. Center flap on pocket allowing 1/2" on 3 sides.

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Cut (2) 3/4" x 2 1/2" pieces of primary cardstock. Score at 1/2" and 1 1/2".

Trim corners at 1" fold at angle or stub corner to form a narrow loop.

Tread cord through loop and tie.



Attach one tab to underside of sides of pocket, centered.



Apply glue to underside of accordion flap to form a pocket.

Attach to page with opening opposite binding.

Attach remaining tab to underside of face of page.

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Cut a 2 1/2" x 8 3/4" strip of primary cardstock for belly band on back of pocket page 3. Score 1/2" tabs on each end.



Pocket Page 4

Score a 1/2" tab on top edge primary flap and one side edge on accent flaps



Attach primary flap to top of page base, allowing 1/8" from top edge.

Attach accent flaps to each side edge of page base, allowing 1/8" from page side.

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Project Embellishment

Cover Flap

Cover outside of Cover Flap with patterned paper. NOTE: Spine will be on RIGHT side of Cover Flap.

Cut out opening to edge of chipboard. Distress edges of paper as desired.



Cut patterned paper for inside cover with accent matte as desired. Do not attach the inside cover yet.

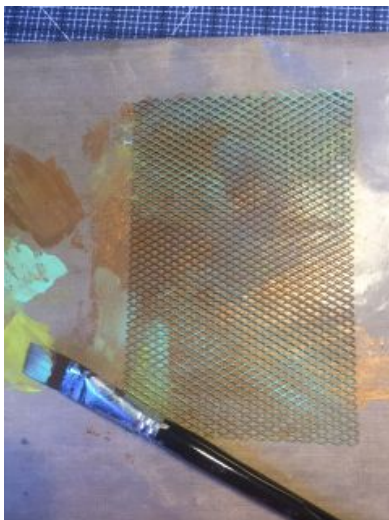
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OPTIONAL:

Apply metallic and acrylic paint to metal grid.



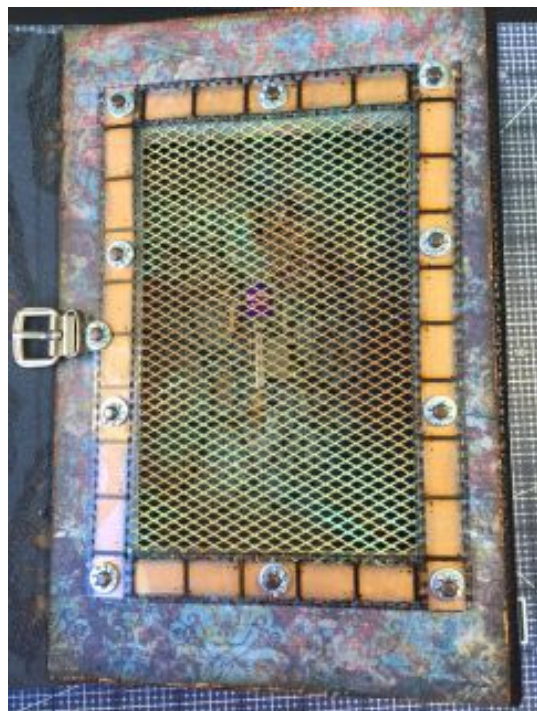
Apply metallic, aqua, and lime green in a random pattern to create a corroded metal look.



Attach painted screen to front opening with adhesive tape or glue. Attach on outside of cover.

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Cut 3/8" strips of 1/2" chipboard to create a frame around metal screen/opening.

Paint strips with metallic paint.

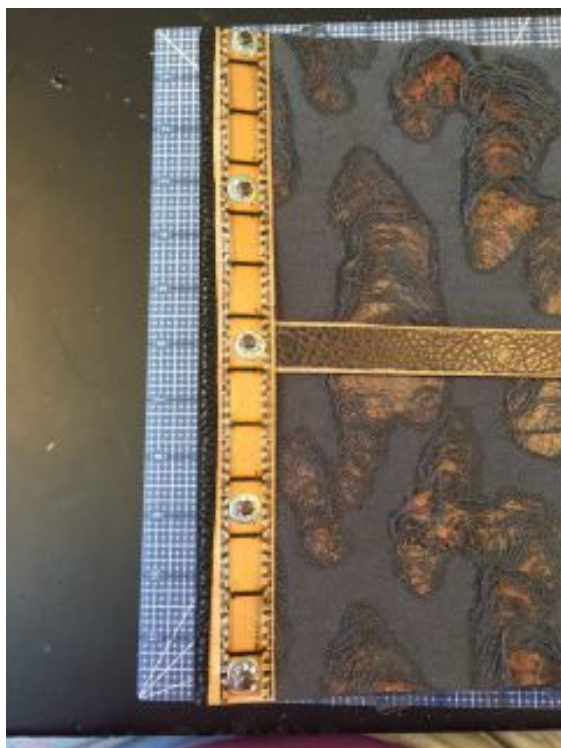
Cover strips with Tim Holtz Filmstrip Ribbon and attach to cover.

Add brads with optional washers to attach screen panel.

Attach buckle, centered on opening as shown.



Create strip from faux leather, ribbon, or fabric., approximately 6 1/2" long. Punch or pierce holes at 1 1/4" from one end and at 1/2" intervals.

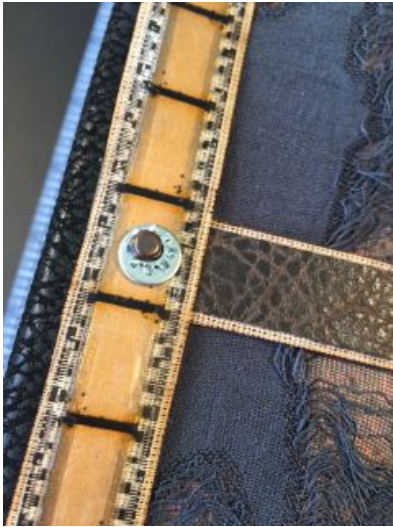


Attach strap at spine end, centered.

Apply a strip of the chipboard/seam binding accent and attach with the brads and optional washers.

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Make sure to include the strap end under one for the brades.



Thread strap through buckle to hold album closed.



Add embellishment as desired to front cover.

To create smudge stick, gather artificial flowers and stems along with feathers, etc.

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Wrapped gathered elements with fabric, gauze and wire to form a bundle.

Attach a crystal and charms if desired, attached with wire.



Attach smudge stick to screen with wire wrapping.

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Stamp image on 4" x 6" acetate sheet. Image should fit inside oval cut out on cover.



Cover back of acetate with Mod Podge, or gel medium.



When dried, medium will have a translucent look.

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Attach acetate to outside of opening on cover.

Attach frame or patterned paper over acetate.

Add lace or punched embellishment to top and bottom edge.



Cut opening in patterned paper for inside of cover

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Adhere netting or other transparent type fabric to one side of 4" x 6" acetate sheet with gel medium or Mod Podge.



Cover other side of acetate with a different netting, also with gel medium or Mod Podge.

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Create opening (approximately 3 1/2" x 5 1/2") in chipboard using frame included in paper collection as a template or cut your own.

Attach acetate to front of opening.

Layer patterned paper or frame over acetate.

Add die cut and other embellishments to acetate section as desired.



Create opening (approximately 3 1/2" x 5 1/2") in second chipboard using a different frame included in paper collection as a template or cut your own.

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Use patterned paper on back side of opening, using chipboard as a template to cut opening.



Add rub-on embellishment to a 4" x 6" peice of acetate.

Cut a piece of loose weave gauze large enough to cover acetate.

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Sandwich gauze between embellished acetate and a second blank acetate, attaching layers together with adhesive at edges.



Create or purchase a wand embellishment. Create wand with Christmas ornament icicle (or similar), stick, fabric and wire. add charms or other embellishments.



Layer acetate sandwich over opening in second chipboard page. Add frame or patterned paper over acetate.

Add foliage embellishments as desired.

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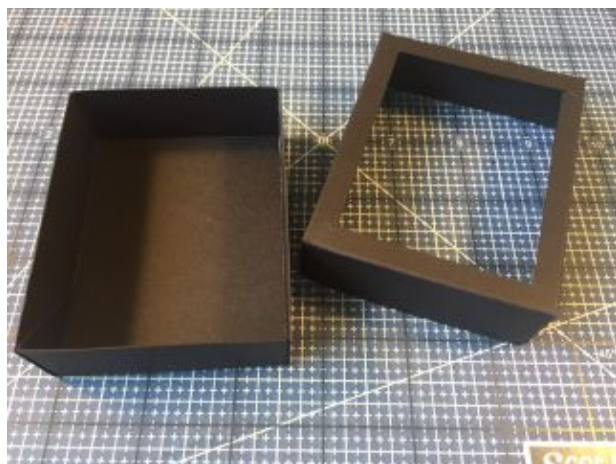
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Create a small box for back cover. Cut a $5 \frac{3}{8}$ " x $4 \frac{7}{8}$ " rectangle and a $5 \frac{1}{4}$ " x $4 \frac{3}{4}$ " rectangle from primary cardstock. Score both at 1" from all four sides.

At corners, trim from side edge to inside corner. Make one snip per corner.

On larger rectangle, cut an opening in center, allowing $\frac{1}{4}$ " to $\frac{3}{8}$ " on all sides.



Fold up sides and attach corners to form a box and lid.



Cut a piece of acetate to fit over opening in lid. Paint backside of acetate with gel medium or Mod Podge. Embellish from with rub on or as desired.

Add a small frame or patterned paper to top of box.

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Create rune stones for box from flatten glass floral discs and metallic marker using symbols shown on next page.



Add stones to box and embellish box cover.

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Witches Runes



Crossroads: Use this symbol in magic if you are going through a big change or if you wish to bring change to your life, or if you have a decision to make.



Man: Use this symbol in magic workings that deals with men or masculinity, use it to draw on strength or the power of the Gods.



Woman: Use this symbol in your magical working to represent woman, or the feminine, or to call upon the Goddesses.



The Eye: The eye is a very magical symbol, use this symbol for psychic workings, or in spells to find out the truth or to find out if someone is being dishonest, also use for protection.



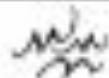
Harvest: This symbol should be used for prosperity and abundance. Use it in magical workings dealing with money, or bringing something good into your life.



The Sun: This symbol represents growth and happiness, strength and the masculine, use this for invoking Sun Gods and Goddesses. Use this symbol for protection and happiness, or on Sabbats.



The Moon: This symbol represents the feminine and magic. Use this symbol on any magical workings to enhance the power, use it to invoke Moon Goddesses and on Esbats.



Flight: This witches rune symbol represents higher knowledge, if you wish to learn something new or want to start a new business or success at a new job then use this symbol to attract it.



The Rings: Use this symbol for binding, if you wish to attract new love or if you are in a relationship, this will strengthen the bond, in business use this symbol to strengthen a contract.



Romance: This Rune is to attract romance or a new love to you, use this symbol in sex magic or fertility, also used to heal broken hearts and relationships.



The scythe: This symbol is used to break curses or bad luck. If you see you have, curse or hex over you use this symbol to break it. It can also be used for breaking a bond in a relationship.



The Star: This is the wishing Rune. If there is something you desire, use this symbol to attract it to you, meditate on this symbol to bring luck and fortune to you.



Waves: This Rune symbol is used for purity, use this for forgiveness or to wash away bad or negative feelings. This is a strong symbol for healing, addiction or depression.

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Optional bottle holster:

Cover back cover with two different pattern papers to center of page.

Attach box to back cover, centered on right side paper.



Create a strap from faux leather, fabric, or twill tape. Cut a length 8" to 9" long.

Attach small bottles with strap and brads.



Add additional embellishments to inside back cover as desired.

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Page Matting and Embellishments

Inside front cover



Front of Pocket Page 1



Inside Pocket Page 1

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Inside pocket Page 1



Back of Pocket Page 1.

Cut a slit in a frame image or patterned paper and add a tag to the slit pocket.



Front of Chipboard Page A

Create a pocket from cutting a pocket in half and adding tabs to sides and bottom. Add tags to pocket.

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Back of Chipboard Page A

Create a glued on cardstock pocket and add a tag
Add foliage to back of window.



Front of Pocket Page 2

Add metal ribbon or a punched strip to bottom of
front flap. Add a charm for weight to keep flap
closed.



Inside Pocket Page 2

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Inside Pocket Page 2 inner flap pocket



Back of Pocket Page 2.

Make a full height pocket with a 4 1/4" width or width as desired.

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Front of Chipboard Page B

Add a horizontal belly band and tags/matte



Back of Chipboard Page B

Add a die cut and flowers. Use an open frame pocket to slip in a photo.



Front of Pocket Page 3

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Tag in front pocket of Pocket Page 3



Inside Pocket Page 3



Inside Pocket Page 3

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Back of Pocket Page 3

Create a 2" to 2 1/2" vertical belly band with tabs at top and bottom to attach. Add Metal lace or punched band. Insert large matte and/or tags



Front of Pocket Page 4

Add die cut frame and tied embellishment

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Inside Pocket Page 4 upper flap



inside Pocket Page 4



Add a pin with brad as a trun stop at bottom front of page to hold flap in place.

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Pocket and Tag on back of Pocket Page 4



Inside back cover.

Add a hinged flap with lace edge bottom



Inside hinged flap on back inside cover

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Inside of front Cover Flap and spine

Matt inside spine and add a small frame pocket and tag.

Add foliage to inside of metal grid.

Add charms and additional embellishments as desired.

Congratulations your

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Add photos and memorabilia and enjoy!